



Caring for the Older Adults You Care About

Registration begins at 7:30 with continental breakfast and exhibits. A light lunch will also be served.

Featured speakers include

- Health assessment, medical care and communicating with the health care providers. Speaker: A health care professional
- Valuable tools for communicating with the person you care for with compassion, how to take care of the caregiver, and discussing the different types of housing options for older adults including in-home help, assisted living, and nursing home care. Speakers: Frances Vasquez, Manager of Helpline Services and Lucy Castillo, Manager of Family Services, Alzheimer's Association – Greater Dallas chapter
- An attorney will discuss legal issues and answer questions.

Sponsored by: The Dallas Area Agency on Aging and the Alzheimer's Association of Greater Dallas

Exhibitors will include The Senior Source, Medicare Services, City of Dallas Senior Services program, and other organizations providing information and brochures

Although there is no fee, registration is requested to help plan for food and materials.

February 4th
Caregiver Conference

**Caregiver Conference:
Caring for Those You Care About
February 4, 2012.
8:30 a.m. – 1:00 p.m. at
Catholic Charities at Brady Center,
4009 Elm Street, Dallas, TX 75226**

If you need someone to stay with the older adult that you care for in Dallas County, respite care may be available by calling (214) 871-5065 no later than Tuesday, January 24, 2012